
Roland Frixoz

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EDUCATION

Quinebaug Valley Community College (QVCC)

Danielson, CT

Major: Early Childhood Education - **GPA: 3.67** Aug 2021- Present

- Sample Coursework: Introduction to Early Childhood Education, Creative Experiences for Children, Child Development, English 101, Music Appreciation, General Psychology, Science & Math for Children, The Exceptional Learner.
- Member of Phi Theta Kappa (PTK) Honor Society.

WORK EXPERIENCE

QVCC

Danielson, CT

Student Worker in Student Success Center (8 hours per week) Oct 2021-Present

- First point of contact for all visitors to campus, including prospective students and their families, current students, alumni, and recruiters.
- Ensure a smooth student advising operation by connecting students with their assigned advisers at designated times. Also handle assignment of all walk-in appointments.
- Always maintain a positive attitude and energy level.
- Part of team which organizes, distributes and replenishes donated food across campus.

Killingly Community Center

Killingly, CT

Basketball Coach (6 hours per week) Jan 2020-Present

- Teach basketball fundamentals and teamwork to a group of 10 junior high school boys.
- Schedule and manage practice sessions and all exhibition and game contests.
- Team won the Windham County championship in December 2021.

Applebee's

Willimantic, CT

Host (10 hours per week, full time in summer) Jun 2019-Dec 2020

- Greeted all customers and seated them at appropriate tables based on size of party, table availability and client preferences.
- Resolved customer issues as required in high-traffic and high-stress environment.
- Maintained grace under pressure and always displayed a positive attitude.

KEY ACTIVITIES AND LEADERSHIP

Captain – Killingly High School football team for two years (2019 and 2020). Elected by peers to lead all practice sessions and off-season workouts for 4-time state championship program.

Member – Student Government Association. Participate in weekly meetings to ensure student concerns are shared with the administration and determine best uses for funding received.

Volunteer – American Red Cross. Register all donors at “Giving Blood” events throughout Windham and New London counties.

SKILLS AND INTERESTS

Technology – Google Apps for Business, Microsoft Word/Excel/PowerPoint. Adobe Suite.

Language – Bilingual – Fluent in both English and Italian.

Personal – Red Sox/Patriots/Celtics, guitar, fly fishing, hiking, science fiction movies.