How to Create an Outline

Goal of an Outline: to organize related information in a structured way. These can be used to take notes in class, plan an essay, or to create study guides!

Here is one way to produce an outline:

Below is an example outline. As a general rule of outlines, the more general the information, the less indents you will use. The more detailed the information, the more indents you will use! Start each main topic on the left side of the page, and indent for subtopics, key points, and details.

I. The Social Production of Health
   A. Social Factors Affecting Health and its Social Construction
      1. Built environment (What we are exposed to) can affect our health
      2. Anyone can get cancer, BUT the likelihood is different based on social class
         a) Poorer people are MORE likely to get cancer
         b) You can get cancer regardless of your economic standing
            (1) Resource: “Contradictions” by Rothman
      3. Our social identities can affect health outcomes as well
         a) e.x. Maternal deaths during child birth are more common for Black woman than for white woman