



## What is TimelyCare?

Access to 24/7 medical and mental health support for all Connecticut State Community Colleges students.

## Who can use TimelyCare?

Any enrolled Connecticut State Community Colleges student can use TimelyCare.

## What services are available?

24/7 Medical visits, TalkNow visits (24/7 mental health support), Scheduled Counseling visits (12 per year) and Health Coaching visits are available at no cost.

## How do I log in?

Go to [timelycare.com/ctstate](https://timelycare.com/ctstate) and follow the prompts.

*\*Mobile users will be directed to download the TimelyCare app.*

## What can I be treated for?

Our physicians, counselors and health coaches can treat/discuss a wide range of common conditions, and after talking to you, will decide on the best course of treatment. Some common presenting issues are: cold, sinus infection, influenza (flu), stress and anxiety, relationships, depression, nutrition and healthy lifestyle.

## How much does a visit cost?

There is no cost to enrolled Connecticut State Community Colleges students.

## I already have insurance and a primary provider, how does TimelyCare benefit me?

With TimelyCare, you will have free, 24/7 access to doctors and counselors from anywhere in the United States, so you'll never have to spend time or money looking for resources when you're away from home or campus.

## Can I get a prescription?

Yes, if the provider deems it clinically appropriate.

Visit [timelycare.com/ctstate](https://timelycare.com/ctstate) for additional information.